

Workshop on Ethics in Counselling

Unpacking Informed Consent, Learning About Best Practice Documentation Practices, & Writing "Smarter" Session Notes.

CAN YOU ANSWER THIS LAWYER QUESTION WITH 100% CONFIDENCE?

A client has filed a professional misconduct charge against you. The lawyer asks you to 'defend' your actions by producing evidence to demonstrate: (i) you have a solid ethical case management practice, (ii) how you helped the client, and (iii) you have material which experts can review to determine to what extent you did everything ethically and correctly.

What paperwork would you produce?

This highly engaging, fast paced workshop for counsellors will use demonstrations, examples, templates, & handouts to meet the following objectives:

- Identify the documents therapists/agencies may need to produce to help defend against an ethical complaint – these documents need to meet the 'reasonable patient' standard.
- Distinguish between asset, consent, or informed consent, particularly as it relates to working with adult clients who are dysregulated; describe how to document the client consent process was valid.
- Describe and practice the relational consent process – e.g., how props & metaphors can be integrated into the consent process as well as used to quickly build a therapeutic alliance; how client privacy limits can be discussed in a non-alarm/panic method.
- Draw a concept map of the 9 core topics to include in contact/-session notes that offer enough substance to document the service and promote continuation of care while taking great care to protect clients' privacy and dignity, now and into the distance future.
- Identify the risks associated with having unstructured sessions, including the dangers of creating client dependency and the therapist failing to seek/document change.
- Examine the value and process of writing theme-based notes.
- Examine Dr. Dawn's template for completing succinct session – which can be completed in 3 minutes – and her three favourite questions to ask in every session to help complete session notes.



Presenter:

Dr. Dawn Lorraine McBride is a Registered Psychologist (clinical), supervisor, consultant, and associate professor at the University of Lethbridge (counsellor education). Her teaching, counselling, and research focus on the assessment and treatment of family violence, trauma, disordered eating, group therapy, ethics, multicultural issues, play therapy, EMDR, & somatic experiencing. She has won numerous teaching awards, has an active research agenda, and presents at international conferences. She maintains a small private practice (DPS) in Lethbridge specializing in relational psychodynamic therapy for teens/adults.

Rates

• Early Bird:

\$135 + \$6.75 GST = \$141.35

- full payment must be received on/before Dec 21, 2018.

• Regular:

\$150 + \$7.50 GST = \$157.50

- If the same organization registers 6 participants at the same time, a 10% discount will be applied to the early bird or regular rate.

To Register:

Please go to www.dawn-mcbride.com, to complete registration details (step 1: use the registration tab) and to receive the payment directions (step 2: e-transfer or mail).

Things to Know:

- Receipts & certificates will be distributed at the workshop.
- Refunds: A full refund is available if requested via email on/before December 21, 2018; minus a \$3 processing fee. FYI: If the workshop has to be canceled due to lack of registrants, full refunds will be sent on/before the day of the workshop.
- **BONUS** self-care time: A Registered Massage Therapist will be on site to offer chair massages for \$1 a minute (up to 15 mins.). Sign up on the day of the workshop.

Edmonton

January 15, 2019
7:50 a.m. for registration 8:15
a.m. - 5:00 p.m.

Location: McClure United
Church, 13708 - 74 Street
NW. Edmonton T5C 3R1

Calgary Area

January 17, 2019
7:50 a.m. for registration
8:15 a.m. - 5:00 p.m.

Rockyview School District Office,
2651 Chinook Wind Drive SW in
Airdrie

Questions & Contact Details:

Jarvis Larson, Manager of DPS Workshops

- Cell: 403-332-3600
- Email: DPS.workshops@yahoo.com
- Website: www.dawn-mcbride.com