

Professional Development Workshops

For Therapists, Psychologists, School Counsellors,
& Workers in the Helping Field

Summary of Workshops in January

For specific learning objectives and to register,
please go to www.dawn-mcbride.com

Lethbridge

Emotional Regulation: Ample Treatment Strategies To Help Those Who Harm Themselves on Purpose (e.g., self-harm, binge eating, addictions, etc.)

January 9, 2019
8:30 a.m. open for registration
9:00 a.m. - 4:00 p.m.

Lethbridge, Main Library (downtown)
810 5th Ave South.

Red Deer

Emotional Regulation: Ample Treatment Strategies To Help Those Who Harm Themselves on Purpose (e.g., self-harm, binge eating, addictions, etc.)

January 11, 2019
8:30 a.m. open for registration
9:00 a.m. - 4:00 p.m.

The Outreach Centre,
4101 54 Ave, Red Deer, AB T4N 7G3

Edmonton

Emotional Regulation: Ample Treatment Strategies To Help Those Who Harm Themselves on Purpose (e.g., self-harm, binge eating, addictions, etc.)

January 14, 2019
8:30 a.m. open for registration
9:00 a.m. - 4:00 p.m.

Location: McClure United Church, 13708 - 74 Street NW.
Edmonton T5C 3R1

Intermediate Counselling Ethics: Perfecting Relational Informed Consent and Writing Succinct Therapy Notes

January 15, 2019
7:45 a.m. open for registration
8:15 a.m. - 5:00 p.m.

Location: McClure United Church, 13708 - 74 Street NW.
Edmonton T5C 3R1

Calgary Area

Intermediate Counselling Ethics: Perfecting Relational Informed Consent and Writing Succinct Therapy Notes

January 17, 2019
7:45 a.m. open for registration
8:15 a.m. - 5:00 p.m.

Rockyview School District Office,
2651 Chinook Wind Drive SW Airdrie (free parking)

Beyond The Suicide Assessment: Helping Those Who Are Struggling With Chronic Suicidal Thoughts & Urges

January 18, 2019
8:30 a.m. open for registration
9:00 a.m. - 4:00 p.m.

First Alliance Church,
12345 - 40th SE, Calgary, T2Z 4E6



Presenter:

Dr. Dawn Lorraine McBride is a Registered Psychologist (clinical), supervisor, consultant, and associate professor at the University of Lethbridge (counsellor education). Her teaching, counselling, and research focus on the assessment and treatment of family violence, trauma, disordered eating, group therapy, ethics, multicultural issues, play therapy, EMDR, & somatic experiencing. She has won numerous teaching awards, has an active research agenda, and presents at international conferences. She maintains a small private practice (DPS) in Lethbridge specializing in relational psychodynamic therapy for teens/adults.

Rates

Ethics Workshops:

- **Early Bird**
\$135 + \$6.75_{GST} = \$141.35
- full payment must be received on/before Dec 21, 2018
- **Regular**
\$150 + \$7.50_{GST} = \$157.50

Emotional Regulation Workshops:

- **Early Bird**
\$125 + \$6.25_{GST} = \$131.25
- full payment must be received on/before Dec 21, 2018
- **Regular**
\$140 + \$7_{GST} = \$147.00

Chronic State - Suicide Workshop:

- **Early Bird**
\$125 + \$6.25_{GST} = \$131.25
- full payment must be received on/before Dec 21, 2018
- **Regular**
\$140 + \$7_{GST} = \$147.00
- If the same organization registers 6 participants at the same time, a 10% discount will be applied to the early bird or regular rate.

To Register:

Please go to www.dawn-mcbride.com, to complete registration details (step 1 - use the registration tab) and to receive payment directions (step 2).

Things to Know:

- Receipts & certificates will be distributed at the workshop.
- Refunds: A full refund is available if requested via email on/before December 21, 2018; minus a \$3 processing fee. FYI: If the workshop has to be cancelled due to lack of registrants, full refunds will be sent on/before the day of the workshop.
- **BONUS** self-care time: A Registered Massage Therapist will be on site to offer chair massages for \$1 a minute (up to 15 mins). Sign up on the day of the workshop.

Questions & Contact Details:

Jarvis Larson, Manager of DPS Workshops

- Cell: 403-332-3600
- Email: DPS.workshops@yahoo.com
- Website: www.dawn-mcbride.com